



Summer 2006 Activity Schedule

June 12 - September 10, 2006

Registrations are now being accepted.

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www.culpepercounty.gov
(Click on Parks and Recreation)

ARTS & CRAFTS

FATHER’S DAY CRAFTS

Hey Kids! Would you like to make something really special to give to Dad or a great guy on Father’s Day? Then have Mom sign you up for this craft workshop where all supplies will be provided to make a couple of great gifts, just from you. Remember, don’t tell Dad, so it can be a big surprise! Mom’s, you’ll have to help with 3-6 year olds.

Instructor: Tabitha Riley
Location: Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee
A	3-6	W	6/14	9:00a-11:00a	\$8
B	7-15	W	6/14	12:00n-2:00p	\$10

SUMMER ART

Students will create works of art in both 2-D (drawing & painting) and three dimensional mediums. Each class will start with drawing and end with a 3-D activity. The classes will last two hours and a ‘snack’ and water should be packed. All art material will be provided.

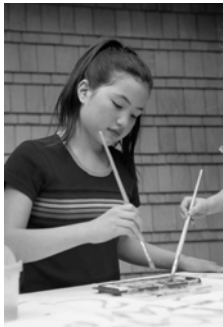
Space is limited, so register early!
Instructor: Gary Colson
Location: Carver Studios for the Visual Arts

Session I: (no class 7/13)

Ages	Day	Dates	Time	Fee
11-14	Th	6/22-7/20	3:30p-5:30p	\$70

Session II:

Ages	Day	Dates	Time	Fee
11-14	Tu	8/1-8/22	3:30p-5:30p	\$70



CERAMICS & RAKU FIRING

This course is an introduction to the design and making of pottery, tiles and sculptural objects. The students will gain a strong sense of three-dimensional design through ‘hands-on’ applications of hand building techniques. A few pottery wheels will be available, although this is not the focus of the class. Throughout the class students will be assigned projects designed to increase their knowledge of the concepts of three-dimensional design in both functional and sculptural aspects of ceramics. Surface design and glazing will be discussed and final pieces will be fired using a contemporary ‘spin’ on the ancient Japanese tradition of Raku. Some Raku glazes and tools will be provided. Students must purchase Raku clay after first class.

Instructor: Gary Colson
Location: Carver Studios for the Visual Arts

Session I: (no class 7/13)

Ages	Day	Dates	Time	Fee
16+	Th	6/22-7/20	6:00p-8:00p	\$70

Session II:

Ages	Day	Dates	Time	Fee
16+	Tu	8/1-8/22	6:00p-8:00p	\$70

HOLIDAYS IN JULY

Get a jump start on some of your holiday decorations and gifts by joining Joyce Calhoun as she teaches you to quilt holiday stockings and ornaments. Must have your own sewing machine. A supply list will be available in the Parks and Recreation Office and on our web-site.

Instructor: Joyce Calhoun
Location: Culpeper 4H Extension Office

Ages	Day	Dates	Time	Fee
16+	Th	7/13-8/24	6:00p-8:00p	\$35

Note: No class 8/3.

Pre-registration is required for all activities, unless otherwise noted. See page 24 & 25 on how to register.

Culpeper County Parks and Recreation

Summer Schedule

DANCE



ADVENTURES IN MUSIC & MOVEMENT

Students will explore the world around us using songs, stories, rhythm, instruments, and movement. Different animals, plants, insects, and places will be visited on our 8-week journey.
Instructor: In Motion Dance Center staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
3-5	Tu	6/20-8/15	3:30p-4:30p	\$104

Note: no class on 7/4

CREATIVE MOVEMENT

Preschool students learn the beginning movements for ballet, including positions. Students take turns moving to different music, beats, and words while learning to create animals, flowers, and butterflies.
Instructor: In Motion Dance Center staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
3-5	Tu	6/20-8/15	4:30p-5:00p	\$48

Note: no class on 7/4

HOP 'N BOP JAZZ

Students learn the basic positioning for dancing to fast-beat, fun kid songs. Students learn to follow directions and move to the beat of music. They will learn and dance to familiar songs such as the Chicken Dance and the Bunny Hop.
Instructor: In Motion Dance Center Staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
3-5	Tu	6/20-8/15	5:00p-5:30p	\$48

Note: no class on 7/4

PRE-SCHOOL TAP

After a fun warm-up, your little one will learn basic tap moves, from shuffles to ball changes to noise games with their feet, all set to fun music for kids.
Instructor: In Motion Dance Center Staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
3-5	Tu	6/20-8/15	5:30p-6:00p	\$48

Note: no class on 7/4

PRE-BALLET

We set the foundation of fundamental classical ballet technique. Bar work is introduced at this level. Each subsequent class builds on the techniques learned, so this is quite possibly the most important class we offer! Pre-Ballet is for beginners, regardless of age, to ensure the foundation is properly set. No ballet experience is necessary.
Instructor: In Motion Dance Center Staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
5-7	Th	6/22-8/17	3:30p-4:15p	\$88

Note: No class on 7/6

BEGINNING TAP

Learn the basic steps and combinations for tap. Students learn the shuffle, shuffle hop step, ball change, and toe heel combinations.
Instructor: In Motion Dance Center Staff
Location: 130 W. Culpeper St., Suite B

Ages	Day	Dates	Time	Fee
5-7	Th	6/22-8/17	4:30p-5:15p	\$88

Note: No class on 7/6

HEALTH & FITNESS

TRY IT OUT! - CARDIO CORE

Come find out what this new class is all about. This is a Parks and Recreation exclusive class. You can't get this workout anywhere else! Please RSVP to 540-727-3412 ext. 5. \$5.00 trial fee payable at class.
Instructor: Sharon Steele
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
18-adult	M	6/5	5:30p-6:30p	\$5



CARDIO CORE

Cardio strength, endurance, and balance work with the focus on your core. This class will help strengthen your abs without doing sit-ups or crunches. All fitness levels are encouraged to attend.
Instructor: Sharon Steele
Location: Community Room, 303 N. Main

Session I: (3 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	6/12-6/26	5:30p-6:30p	\$15

Session II: (5 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	7/3-7/31	5:30p-6:30p	\$25

Session III: (4 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	8/7-8/28	5:30p-6:30p	\$20

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation


Summer Schedule

TRY IT OUT! - SUPER FLEXIBILITY

Come find out what this new class is all about. Try it out without the commitment. Please RSVP to 540-727-3412 ext. 5. \$5.00 trial fee payable at class.
Instructor: Sharon Steele
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
18-adult	M	6/5	6:45p-7:45p	\$5

SUPER FLEXIBILITY

 Enhance your flexibility with this Pilates-based stretch class, while you improve your muscle tone, and posture—a fun and mildly challenging workout. All fitness levels are welcome. Please bring a mat, towel, and water.
Instructor: Sharon Steele
Location: Community Room, 303 N. Main

Session I: (3 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	6/12-6/26	6:45p-7:45p	\$15

Session II: (5 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	7/3-7/31	6:45p-7:45p	\$25

Session III: (4 classes)

Ages	Day	Dates	Time	Fee
18-adult	M	8/7-8/28	6:45p-7:45p	\$20

FIT FOR LIFE

Maggie Corradi is taking the summer off. Her low-impact aerobics class will be offered again this fall , starting in September.

SEATED FITNESS

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.
Instructor: Sharon Steele
Location: Culpeper County Library – Large Meeting Room

Session I: (4 classes)

Ages	Day	Dates	Time	Fee
50+	W	6/7-6/28	2:00p-3:00p	\$14

Session II: (4 classes)

Ages	Day	Dates	Time	Fee
50+	W	7/5-7/26	2:00p-3:00p	\$14

Session III: (5 classes)

Ages	Day	Dates	Time	Fee
50+	W	8/2-8/30	2:00p-3:00p	\$17

LEISURE LEARNING

DIGITAL PHOTOGRAPHY

Do you want to get a digital camera? Or do you have one, but don't know what all it can do? This in-depth look at the subtle workings of a digital camera and its functions are what you need to take your photography into a new era. Learn more about using a digital camera in a photographic environment, so you can digitally master your best work.
Instructor: Brian Ashdown
Location: The Depot

Ages	Day	Dates	Time	Fee
16+	M	6/12-7/17	6:30p-7:45p	\$45

Note: If you have your own digital camera and/or laptop feel free to bring it, although it is not a requirement.



BABY SIGNS® PARENT WORKSHOP

Designed for parents with children ages birth to 3 years, this one-time introductory workshop teaches everything a parent needs to know to get started with the Baby Signs® Program, including how to begin signing with your baby, effective ways to begin teaching signs at home, easy ways to use signs in daily routines, and what to expect as your baby transitions from signs to speech. Baby Signs® Parent Kit included in fee. Children do not attend this workshop.
Instructor: Susan Peed, Certified Instructor
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16+	Sa	6/3	10:00a-11:30a	\$50 see note

Note: First person \$50; second person in same immediate family \$30. Only one kit will be provided.



SIGN, SAY & PLAY™ WITH BABY SIGNS®



Designed for parents and healthy hearing children ages 6 months to 3 years, this play class, that meets 6 times, highlights signs that are most important in the lives of babies, teaches signing through fun games with BeeBo™ the Baby Signs® bear, provides signing practice through delightful Baby Signs® songs, introduces play activities that reinforce important language, cognitive and social-emotional skills, and brings families together to share their signing experiences. Fee includes take home kit. Siblings must meet age requirements and be registered in the class to attend.
Instructor: Susan Peed, Certified Instructor
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
6m-3y	M & Th	6/5-6/22	9:30a-10:30a	\$125 see note

Note: Fee is for one parent/one child pair. Please call about pricing for additional child or parent.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Summer Schedule

PAWS, HOOFS, FEATHERS & FINS

ADVANCED PONY RIDING

Ironwood Farm offers English riding lessons on Norwegian Fjord horses. Fjords are known for their gentle personalities and friendly demeanor. Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Parent or other adult must lead horse & child around riding ring while child receives instruction. Additionally, the first class spends time on basic grooming, how to tack your horse (putting on the saddle / bridle), and safety around the horses. **Students must wear hard sole shoes with a heel, helmets will be provided and are required.** Register early as each session accepts only 5 students.

Instructor: Ironwood Farm staff
Location: 10291 Homeland Road, Rixeyville

Option	Ages	Day	Dates	Time	Fee
A	4-6	Sa	6/17-7/8	9:00a-9:30a	\$65
B	4-6	Sa	6/17-7/8	10:00a-10:30a	\$65

Note: Directions to Ironwood Farm are available on the Department’s webpage and in the office.



BEGINNING HORSEBACK RIDING

Due to the number of mares that will be having foals this summer, Beginning Horseback Riding classes will not be offered. Please check in our fall issue, available August 18, for information on this class.

K.I.S.M.I.F. Dog Obedience Training
(Keep It Simple; Make It Fun)

CHARM SCHOOL FOR DOGS AND KIDS



Bring your kids and their dogs out to have a great time with long-time dog trainer, Betty Ann Howell. This fun and exciting class will create a stronger bond between your child and his/her pet through games, tricks, and basic cues. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Ages: Dogs 4 months & up
Kids 7 - 15 (adult needs to remain on site)

Ages	Day	Dates	Time	Fee
See above	Tu	6/13-7/25	10:00a-11:00a	\$70

Notes: No Class on 7/4, 6-weeks

BEGINNING MANNERS

Isn't that new puppy or dog just absolutely adorable? But how about its behavior? Does your puppy/dog need to learn some manners? If so, then here’s the solution; bring little Fido out to this class where he/she will learn basic commands, socialization, and dog attention. Any dog, whether they’re 4 months or 4 years, can attend. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Ages: Dogs 6 months & up - Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
See above	Tu	6/13-7/25	6:00p-7:00p	\$70

Notes: No Class on 7/4, 6-weeks

DOG OBEDIENCE NOTES

- Discounts
- * Seniors - 55 & up - 10% discount
 - * 2nd dog in same family—10% discount
 - * Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract

K-9 GOOD CITIZEN

Prerequisite: Must have taken the Beginning Manners, other dog obedience class, or placement by instructor.

Does Fluffy listen to your commands only when he wants to? Could he use a refresher course in training? Then sign up now, because here is the class to help you and Fluffy. K-9 Good Citizen training will give you 10 steps to help your dog gain confidence and control. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Ages: Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
See above	Tu	6/13-7/25	7:00p-8:00p	\$70

Notes: No Class on 7/4, 6-weeks

PRESCHOOL

CULPEPER CHAMPIONS

Your child will learn teamwork while having fun in a non-threatening and high activity sports mix of games, interactive stories, and open gym time for fun. Themes vary for 30 minute structured game time to expose the children to different games. Participants must bring a water bottle and a heavy snack and wear sneakers and socks. (No sandals or flip flops, please). Space is limited, register early.

Location: Emerald Hill Elementary - gym
Coordinator: Tracy Wormack

Session I: Playground and parachute games

Ages	Day	Dates	Time	Fee
2-6	Sa	6/24	10:00a-12:00p	\$15

Session II: Common catching and throwing ball games

Ages	Day	Dates	Time	Fee
2-6	Sa	7/22	10:00a-12:00p	\$15

Session III: Small ball games, like golf

Ages	Day	Dates	Time	Fee
2-6	Sa	8/26	10:00a-12:00p	\$15

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Summer Schedule

ADDITIONAL PRESCHOOL

ACTIVITIES

Additional preschool activities are listed under the *Summer Camp* section. Kid's Club and Wonderful Ones and Twos will be offered again this fall. Information will be available on August 19th.

SILVER CLUB

WHEN: Every Wednesday

TIME: 10:00 a.m. – 2:00 p.m.

WHERE: Culpeper County Library
Meeting Room

FEE: \$5.00 per year

COORDINATOR: Marshall Conner
540-727-3444
ext 155

How do I join? Simply come on out to the Library on a Wednesday between 10:00 a.m.-2:00 p.m. and talk to Marshall Conner.

FYI - At the Wednesday meetings, members bring a covered dish to share for lunch.

Who needs rocking chairs? Not us. Inside the Culpeper County Library members of the Silver Citizens Club gather for friendly conversation over a covered dish meal and a scheduled activity.

It's 10 a.m. on a Wednesday morning and the club's members filter into the library's large meeting room and catch up on the week's news.

Over coffee the conversations turn to grandchildren, local politics, health mat-

ters and a few good jokes. For the last 8 years Culpeper County Parks and Recreation Department has sponsored the Silver Citizens Club, a program designed especially for the active senior set.

At its weekly meetings, members enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many seniors the program provides an environment where lasting friendships are developed.

Recent trips included Charles Town, Washington D.C., Riverside Dinner Theater, lunch on the Dandy, trips to visit World War II memorials in Bedford and in our nation's capitol along with excursions to Baltimore and Cumberland, Maryland. In addition to the larger trips the Silver Citizens try to offer smaller trips to shop at local malls and visit tourist sites closer to home.

One way that the Silver Citizens stays informed is through its speaker program. Over the past year the group has heard presentations from community organizations, the police, businesses, county officials, entertainers, historians, authors and other notable members of the community.

Speaking of community, the Silver Citizens also play an active part within the Town and County of Culpeper. Many serve the community as volunteers and mentors. Collectively the club seeks to improve the community through charity, volunteerism and education.

As an increasing number of the nation's population heads into the autumn of their lives it's important to know that the fun does not stop after 55. The benefits to its members and the community-at-large are immense.

"Our club's members make this program great. They are friendly, fun and full of energy," says Marshall Conner, the club's recreation coordinator. "It's more like a giant family, and we are all there to sup-

port each other and of course keep each other smiling."

Now is the time to recycle your expertise and life experience and join the Silver Club for a wonderful time. The club is the largest most active program within the Parks and Recreation Department.

SPECIAL EVENTS

SILVER SCREEN CLUB:

CLASSIC FILMS!

Remember the grandeur and pure entertainment of classic films? Want to see those films on a big screen and chat about them? Then join us for a Friday afternoon movie at the George Washington Carver-Piedmont Technical Education Center located six miles outside of the Town of Culpeper on Route 15 south towards Orange.

Light snacks will be provided at old-fashioned prices. No fee for admission. Recreation Coordinator Marshall Conner will host the film and lead the discussions.

Great for seniors, stay-at-home parents, popular culture fans and film buffs.

Movies will be shown on the following dates. For specific titles shown on each date please call 540-727-3444 ext 155.

May 12, 19*, 26

June 2, 23, 30*

July 14, 28

Location: GWC Piedmont Tech,
9432 James Madison Hwy
Rapidan

Time: 1:00pm - 3:30pm (followed by discussion) *May 19 & June 30 will start at 1:30pm

Fee: **FREE**

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Summer Schedule

COMMUNITY YARD SALE

Does spring cleaning leave you wondering what you're going to do with all your extra stuff? Well, we have the solution for your clutter problems! A Community Yard Sale! Yep, that's right. Bring all your no-longer-loved items and sell them to a new owner. You price it; you keep the money. **Bring your own table or blanket.** Spaces are approximately 18' x 18' and you can reserve more than one space. All monies collected for space reservation will go to support the Community Complex. Event is held Rain or Shine! In person registration is preferred so that you can pick your own space.

Coordinator: John Barrett
Location: Floyd T. Binns Middle School
Lower Parking Lot on Radio Lane

Day	Dates	Time	Fee
Sa	5/20	8:30a-1:00p	\$15 per space



SUMMER MOVIES IN THE COURTYARD

Remember the fun days of drive-ins? Enjoying a movie on a warm summer night. Well, we've got the next best thing...Movies in the Courtyard. On a few selected summer nights, the Culpeper Co. Parks and Recreation Department will be showing movies in the Court House courtyard on Davis Street **FREE** of charge. Bring a blanket or chair, family & friends, and enjoy the show.

Dates	Start Time	Movie
6/24	9:00p	Zathura
7/29	9:00p	Harry Potter & the Goblet of Fire
8/19	9:00p	Madagascar
9/9	9:00p	Chicken Run

In order to offer this FREE event to the Community, the Department is looking for individuals & / or Businesses willing to Sponsor a movie. For more information on Sponsoring a movie, please contact Tabitha Riley at 540-727-3412 or triley@culpepercounty.gov.

SUMMER CAMPS

DOG'S DAY OUT

Your little one will bring a favorite stuffed animal friend and enjoy a hands-on cooking lesson for little ones, music and movement, and interactive stories. Each student will also make a keepsake kitchen craft. A heavy snack is included in the fee.
Instructor: Tracy Wormack
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
4-6	F	6/16	10:30a-12:30p	\$15



BUG SAFARI

Campers will explore the world of insects and arachnids through crafts, active games, and a field survey of real insects. Each student will make a piece of wearable art/craft. An edible craft snack will also be made by each camper.
Instructor: Tracy Wormack
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
4-6	F	7/7	10:30a-12:30p	\$15

CONSTRUCTION ZONE

Join us for a builder's paradise. Campers will construct 5 different types of structures with different building sets. Learn about materials and construction in a fun and exciting environment. Students will build a construction project/model to take home. Light snack will be provided.
Instructor: Tracy Wormack
Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
4-6	F	8/11	10:30a-12:30p	\$15

DEFENSE & HITTING BASEBALL CAMP



Campers will be going over and performing defensive plays, and things from the fundamentals to the advance techniques. Each player will get a performance evaluation at the end of the week long camp. Your player will learn how to field, the proper throwing mechanics, how to make their arms stronger and healthy and will also improve his baseball knowledge. The hitting side of the camp will have the players learning the basics of the swing to advance terms and knowledge of the swing. The players will get an opportunity to exploit all knowledge in a game situation at the end of this week long camp. Players should bring an athletic supporter and a bat. Campers need to bring a bag lunch and water bottle each day (no glass containers). Campers will receive a t-shirt (included in fee).
Instructor: Daniel Nobbs
Location: Culpeper Co. High School - baseball field

Ages	Day	Dates	Time	Fee
13-15	M-Th	6/19-6/22	9:00a-1:00p	\$85

Note: Friday is reserved as a rain make-up day.

PITCHER & CATCHER BASEBALL CAMP



Players will learn what it takes to be an effective pitcher. They will learn how to throw a variety of pitches with proper mechanics also the players will learn how to be mentally prepared for the game of baseball and its variety of situations. The catchers will learn the fundamentals of the catching position. They will learn how to frame, block, throw and general knowledge of what it takes to be a catcher. Catchers will also learn how to do a variety of advance drills for better mechanics. If catcher has his own gear, please bring it. Player must have athletic supporter. Campers need to bring a bag lunch and water bottle each day (no glass containers). Campers will receive a t-shirt (included in fee).
Instructor: Daniel Nobbs
Location: Culpeper Co. High School - baseball field
Note: Friday is reserved as a rain make-up day.

Ages	Day	Dates	Time	Fee
13-15	M-Th	6/26-6/29	9:00a-1:00p	\$85

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Summer Schedule

NEW!

GAMES GALORE CAMP

Want to enjoy summer camp, but not miss out on all the fun 4th of July activities? Here's the best of both worlds! During these 3 days, campers will participate in non-stop fun. Games like dodge ball, capture the flag, along with water games and crafts will make up this fun-packed camp. Campers need to bring a bag lunch and bottle of water (no glass containers) everyday. Campers will receive a t-shirt, (included in the fee).

Instructor: Laurie Crofford
Location: Emerald Hill E.S.

Ages	Day	Dates	Time	Fee
7-11	W-F	7/5-7/7	8:00a-1:00p	\$80



BASKETBALL CAMP

Campers of all skill levels are encouraged to come. Campers will leave with the skills necessary to practice and improve continuously. Each camper will play in several games throughout the week that will emphasize competitive play with proper attitudes and good sportsmanship. Campers need to bring a bottle of water (no glass containers). Each camper will receive a t-shirt at the end of the camp (included in fee).

Instructor: Ken Jennings
Location: Floyd T. Binns Middle School - gym

Session I

Ages	Day	Dates	Time	Fee
11-16	M-F	7/10-7/14	8:00a-12:00n	\$55

Session II

Ages	Day	Dates	Time	Fee
7-11	M-F	7/17-7/21	8:00a-12:00n	\$55

NEW!

VOLLEYBALL CAMP

Sharon Gregory, Culpeper's Varsity Volleyball Coach and former College coach, will be teaching this camp. Instruction will focus on individual skills with daily camp competition. The fundamental skills include passing, setting, serving, hitting, and blocking. Campers will receive individual instruction and perform drills to improve their level of performance. Campers will need to bring a bag lunch and water bottle (no glass containers) everyday. Each camper will receive a t-shirt (included in fee).

Instructor: Sharon Gregory
Location: Culpeper Co. High School - gym

Ages	Day	Dates	Time	Fee
8-15	M-F	7/10-7/14	9:00a-2:00p	\$80



NEW!

UVA 'ELITE' VOLLEYBALL CAMP

The UVA Women's Volleyball Program will be conducting a 3-day Elite Volleyball clinic for girls. The camp focuses on position training for the upper level camper. Classes will be spent learning the intricacies of your specific position as well as reviewing the fundamentals of volleyball. This camp focuses on getting players ready for the upcoming competitive season. This is the ultimate time to brush the dust off your game to get ready for competition in the fall. Campers need to bring a bottle of water (no glass containers). Each camper will receive a t-shirt at the end of the camp (included in fee).

Instructor: University of Virginia Women's Volleyball Program
Location: Emerald Hill Elementary - gym

Grades*	Day	Dates	Time	Fee
9-12	M-W	7/24-7/26	9:00a-3:30p	\$135

***Note:** Grades are based on what the camper will be in starting in August 2006.

NEW!

SOFTBALL SKILLS CLINIC

Sharon Gregory, a former softball coach, will conduct this one-day fast-pitch softball clinic. The clinic will be conducted in a station format enabling each camper to receive small group instruction at each of the ten stations. The stations include hitting, bunting, slap hitting, base running, sliding, infield drills, outfield drills, and more. Participants should bring a bag lunch and water bottle (no glass containers).

Instructor: Sharon Gregory
Location: Culpeper Community Complex

Ages	Day	Dates	Time	Fee
8-15	M	7/17	9:00a-3:00p	\$25

Note: Rain Date Thursday, July 20

NEW!

FASTPITCH SOFTBALL - PITCHERS CLINIC

Sharon Gregory, a former softball coach, will conduct this one-day fast-pitch pitcher's clinic. The pitcher will receive instruction and perform drills to improve their level of performance. Drills for increasing speed and accuracy as well as pitch development will be taught.

Instructor: Sharon Gregory
Location: Culpeper Community Complex

Ages	Day	Dates	Time	Fee
8-15	Tu	7/18	9:00a-12:00n	\$15

Note: Rain Date Friday, July 21

NOW AVAILABLE, PARKS AND REC UPDATES VIA E-MAIL!

Simply go to www.culpepercounty.gov and click on C.A.N.S. to set up your account.

You can receive this publication, periodic updates regarding activities, and much more by email!

Culpeper County Parks and Recreation

Summer Schedule



CHEERLEADING CAMP

Spirit Unlimited is an ultimate cheerleading and dance company providing exciting, unsurpassed instructional camps. Instructors are selected from some of the best professional teams and colleges in the country. These role models are carefully chosen based on teaching skills, personality and talent. Campers will learn age-appropriate cheerleading material that will challenge them but also give them a sense of accomplishment.



Instructor: Spirit Unlimited Staff
Location: Culpeper Middle School - gym

Option	Ages	Day	Dates	Time	Fee
A	7-12	M-F	7/24-7/28	9:00a-12:00n	\$100
B	13-15	M-F	7/24-7/28	1:00p-3:00p	\$100



MAKE AND TAKE IT HOME!

Science Projects you take home - that teach - that are fun. In this hands-on, fun, exciting program you will discover how amazing science is. You will make and take home a wide assortment of toys designed to teach you science concepts in a hands-on-way. Grow and take home a crystal tree. Make an energy bead bracelet and watch as those amazing beads turn from white to a rainbow of colors before your eyes. Understand the amazing energy of ultra-violet as you conduct many energy bead experiments. Make a lava lamp. Build a working electric motor. Make your own sharpie shirt and learn some cool chemistry. (Student supplies a 100% cotton t-shirt) Make your own bubbling blobs and explore the properties of a density tube. Make silly putty—glowing goo—green flubber and other cool projects. AND by the way...we will make ice cream in our own amazing, different, sciensational way!

Instructor: Sciensational Workshops for Kids
Location: Floyd T. Binns M.S. - cafeteria

Ages	Day	Dates	Time	Fee
6-11	M-F	7/31-8/4	9:00a-12:00n	\$125

CAN YOU DIG IT? - FOSSIL HUNT



Do you dig Dinosaurs? Archeology and Paleontology seem like big words to kids. Now Sciensational Workshops for Kids makes it come alive. Kids will do simulated fossil excavations with over 100 fossils, dirt, and lots of fun. Some of the fossils are up to 500 million years old. Discover an actual dinosaur bone. Kids will get to identify 20 million-year-old sharks' teeth, mammal bones, and more. Make fossil plaster replicas of a cave bear tooth, ammonite, and Tyrannosaurus Rex tooth. See our plastic cast from the egg of a primitive dinosaur found in Mongolia. (That's no yoke!) See our giant pumice specimen - it's from Mt. St. Helens. You'll go home with a picture of you lifting it in the air. Let's grow some beautiful crystals for you to take home. Sciensational Workshops for Kids is the largest operation in the Northeast, where places have used us for 22 years.....Why? It's fun and kids learn.

Instructor: Sciensational Workshops for Kids
Location: Floyd T. Binns M.S. - cafeteria

Ages	Day	Dates	Time	Fee
6-10	M-F	7/31-8/4	12:30p-3:30p	\$125



HYPER PEPPY ROBOTICS



Build and take home your own Rocket Robot. IT works by the clap of your hands or the sound of your voice. It has a very sensitive touch/sound sensor. It will automatically reverse, and then turn left before embarking on a new course. It's fast!!! You control its movement, and you can make it more sensitive or less sensitive to sound. You will see, first-hand, the many gears, circuit board, microphone, and it's easy-to-assemble mechanical drive system. It is motivational and builds self-confidence. You'll love the shape of this Robot. You will also get to build other things. Design, build and program Robots. The Robots can do some interesting tricks as you

learn to use a hand--held microcomputer. There are beginner, intermediate, and advanced levels. Work with our wired control; move its Robot arm as you command it to grab, release, lower, or lift small objects. Be a part of Robotic Technology and have fun investigating the future effects it will have on our lives.

Instructor: Sciensational Workshops for Kids
Location: Culpeper Middle School - cafeteria

Ages	Day	Dates	Time	Fee
7-12	M-F	8/7-8/11	9:00a-12:00n	\$130

CSI-



CRIME SCENE INVESTIGATION

Want to be super science sleuths? Have fun learning about forensics, crime scene investigations, and crime lab chemistry as you perform as many as 25 different experiments designed to show you just how those tricky cases are solved. Search for the evidence, gather clues, and discover how science can help solve a mystery. Participants will: dust for fingerprints, analyze handwriting, test for blood type and DNA using simulated blood, examine hair and clothing fibers, practice chemistry to identify mystery substances and much more. Participants will then use their skills to solve crimes of the century!
Instructor: Sciensational Workshops for Kids
Location: Culpeper Middle School - cafeteria

Ages	Day	Dates	Time	Fee
7-12	M-F	8/7-8/11	12:30p-3:30p	\$130

IMPORTANT INFORMATION:

Parents, if you want to sign your camper up for Make it & Take it Camp AND Fossil Hunt Camp or Hyper Peppy Robotics AND CSI, not a problem. Camp staff will stay on site during the 1/2 hour lunch break for supervision. Just be sure to pack a bag lunch for your camper.

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Summer Schedule

TRIPS

SMITHSONIAN NATIONAL ZOO

Summer just isn't summer without a trip to the zoo. The kids are begging to go, but mom and dad, you're dreading the traffic into DC, right? Well, have we got the solution for you...We'll do the driving! All you have to do is show up, get on the bus, enjoy the zoo, and we'll bring you back. No fuss, no muss. You and the kids can get to enjoy more than 300 species of animals at the zoo. Register early! All ages welcome, under 18 with adult.

Trip Coordinator: Tabitha Riley
Pick up Location: Culpeper Town Square

Ages	Day	Dates	Time	Fee
See above	Sa	7/15	8:00a-5:00p	\$20

To ensure that enough people are registered to offer this trip, please submit your registration before Friday June 30.

WASHINGTON, D.C. CAPITOL MALL

Have you and the kids been wanting to take a trip up to DC to see all the monuments? What about the Smithsonian Museums? Is having to drive in DC keeping you from going? Well, here is your solution! Let us do the driving. You and the family get to enjoy a day of sight-seeing in our nation's capital without having to fight traffic. Register early as space is limited! All ages welcome, under 18 with adult.

Trip Coordinator: Tabitha Riley
Pick up Location: Culpeper Town Square

Ages	Day	Dates	Time	Fee
See above	F	8/18	8:00a-5:00p	\$20

To ensure that enough people are registered to offer this trip, please submit your registration before Thursday August 3.



ADDITIONAL TRIPS

Due to space constraints, the following trips are currently only advertised on our website at www.culpepercounty.gov click Parks and Recreation.

- * Potomac Eagle Train Trip in Romney, West Virginia, Saturday, September 23
- * Williamsburg Pottery, Saturday, November 4
- * New York City overnight Trip, Friday December 8 thru Monday December 11

The Department will also be requesting a tour of The White House in December. Information on registration will be available in our Fall issue on August 19th.

THEME PARK TICKETS ON SALE NOW!

BUSCH GARDENS

-FUN CARDS: \$52.00 - Ages 3 & up - good for unlimited visits until September 4th - available for Virginia Residents only.
MUST BE PURCHASED BY MAY 31, 2006

-DISCOUNT DAYS: \$39.00 (gate price \$51.95)
Ages 3 & up -
Valid only June 1 thru September 4, 2006

Kings Dominion and Busch Gardens tickets must be **PURCHASED IN PERSON** at Culpeper Co. Parks and Recreation Office at 155 W. Davis Street, Suite 100, Culpeper. Office hours are Monday - Friday, 8:00am—5:00pm (excluding holidays).

At this time we are unable to accept credit cards. Please pay with cash or checks, payable to Culpeper County Parks and Recreation (checks are preferred).

KINGS DOMINION

-GOOD ANY DAY of the 2006 season -
Adult Tickets - Ages 7 & up: \$36.00 (gate price \$50.00)
Child Tickets - Ages 3-6 yrs: \$30.00 (gate price \$35.00)

-PAY ONCE, VISIT TWICE: \$51.00 all ages
-Pay one time, and visit the park on two separate days.
Days do not have to be consecutive; tickets are non-transferable.

-TEEN DAYS - \$27.00 all ages
- Tickets are only valid June 24 - July 9, 2006.
Tickets are good for anyone ages 3 & up. They are not limited to teens.

-PARKS AND RECREATION DAYS - \$27.00 all ages
- Tickets are only valid July 22 - August 6, 2006.
Tickets are good for anyone ages 3 & up.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

2 EASY WAYS TO REGISTER!



Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Please include a self-addressed, stamped envelope, if **you require** registration confirmation.

Additional Information

Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order, payable to Culpeper Co. Parks and Recreation.
- Registrations are accepted on a first come, first served basis.
- The Department is unable to accept Telephone registrations at this time.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class date, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www.cancellations.com, or call our office at 540-727-3412 and select option 1.

Adjustments

- Department staff has made every effort to prepare this section of the ***Culpeper Minutes*** as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

ADDRESSES FOR LOCATIONS USED

Facility	Address		City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
The Depot	113 South Commerce Street		Culpeper
Emerald Hill Elem.	11245 Rixeyville Road		Culpeper
Floyd T. Binns M.S.	205 East Grandview Avenue		Culpeper
GW Carver Piedmont Tech	9432 James Madison Highway	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____

Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su

Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____

Mailing Address: _____ City / Zip: _____/_____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Email address: _____@_____ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): _____

Emergency Contact: _____ Relationship: _____

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) _____

Parent / Guardian Signature (if participant 17 or younger) _____

Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____

Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su

Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____

Mailing Address: _____ City / Zip: _____/_____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Email address: _____@_____ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): _____

Emergency Contact: _____ Relationship: _____

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

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In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

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Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov

Culpeper County Parks and Recreation

What's Going On?

CULPEPER COMMUNITY COMPLEX GRAND OPENING:
A GREAT DAY TO REMEMBER!



Black Hawk Helicopter



The Ribbon Cutting



Over 1,800 attended



Courtesy Carts



Brown Bag Special

SPILMAN COMMUNITY PARK, located in Jefferson District on Route 621 has recently received an upgrade. In January a new preschool swing set was installed adjoining the already existing playground unit. The swing set is an arch style piece and is designed for use by children 2 to 5 years of age. Don't forget to make your pavilion reservations for your spring or summer events and picnics. There is only a \$50.00 refundable deposit for using the pavilion, and dates go quickly, so don't wait! Reserve Today!

THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. The Parks and Recreation staff strives to keep contact names and numbers as current as possible, however, staff is not always informed of changes. This listing is also on our website for your convenience. Depending on space availability in each issue, this guide may occasionally only appear on our website at www.culpepercounty.gov. If you would like to have your non-profit recreation related organization listed, please send your information to Tabitha Riley at triley@culpepercounty.gov. Please include: organization name & description of activities, contact name, phone number, and email OR web address. All requests are subject to approval.

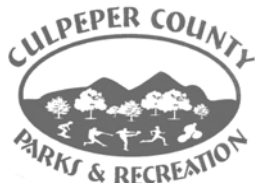
YOUTH SPORTS

Culpeper Football Assoc. - Kenny Jackson - 547-9099
Culpeper Youth Football - John Fotenos - 825-1854
Culpeper Youth Basketball - Greg Ward - 547-9188

Culpeper Youth Baseball - Michael Grant - 825-8310 - Mgrant@culpeperschools.org
Culpeper Lacrosse Assoc. Foundation - Scott Found - 825-3530
Culpeper Soccer Assoc. - Hotline - 825-0886 - ksportsplayer@msn.com

COMMUNITY

Blue Ridge Chorale of Culpeper - Judy Gore - 540-825-2859 - JNJGORE@aol.com



155 West Davis Street, Suite 100
Culpeper, Virginia 22701

Phone: (540) 727-3412

Fax: (540) 727-2802

Website: www.culpepercounty.gov